

GOOD ACTIONS **INFIELD TRAINING CAMP** 2011

NOVEMBER 12, 19, 26 & DECEMBER 3

LIMITED NUMBERS 1:00-3:00PM

HELD ON **2SP** NEW 105X80 TURF INFIELD

COST: \$160

PUT ON BY

DEL YOUNG

**HEAD COACH OWENS COMMUNITY COLLEGE
2009-2010 ASSIST. OAKLAND UNIVERSITY
2004-2008 ASSIST. EASTERN MICHIGAN UNIVERSITY**

PROGRESSIVE CAMP FOCUS:

- STANCE, HOP STEPS, AND APPROACH
- CREATING ANGLES, GEARS, AND FLOW
- FIELDING AND GLOVE POSITION
- HANDS, FEET, AND ARM ACTION DRILLS
- DEFLECTING, TRANSFERS, AND GLOVE WORK
- TYPES OF GROUND BALLS AND SHORT HOPS
- SLOW ROLLERS, BANGERS, AND SKIPS
- DOUBLE PLAYS, FRONT END, AND BACK END
- TAGS, PICKS, DECOYS, AND BACKDOORS
- READING HITTERS, POSITIONING, AND ZONE

TO REGISTER PLEASE EMAIL INFO@STRICTLY2SP.COM OR CALL 248.842.4083